

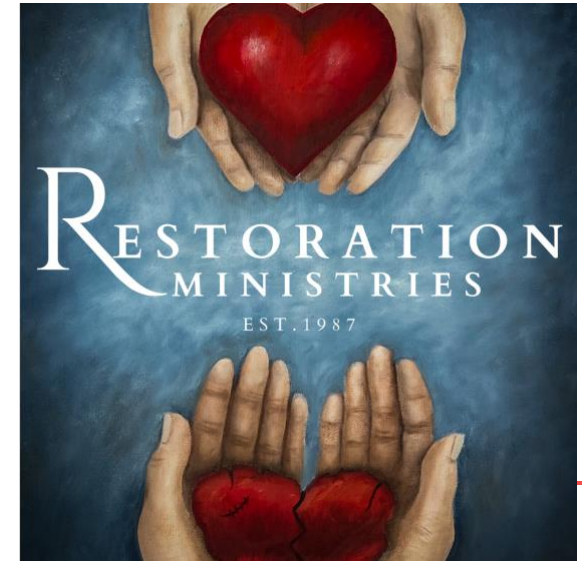
## What is Restoration?

Restoration Ministries is a faith-based organization, founded in 1986. Our mission is to see all people living lives free from the bondages caused by hurt, fear, doubt, and a myriad of other “broken foundations”. We believe regardless of your past (or current situation) that a life rooted in peace and joy and love is available to you – a life lived the way God intended for us.

**Restoration is the bridge from where we are *to where we want to be.***

Each of us has areas in which we struggle. Some of us are keenly aware of our shortcomings; the addict who so badly wants to break free, the pastor secretly struggling with a porn addiction, the Christian wrestling with their faith. Others feel the symptoms of living a life with a broken foundation, but they don't know why, *or more importantly how* to fix it. We envision the life we want to live, but we don't know how to get there.

[Recipient Name] [Address] [City, ST ZIP Code]
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**Restoration Ministries started as one man with a testimony of freedom...**

## Contact Us:

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Visit us on the Web:  
**www.restoration.net**

**Restoration Ministries**

530 W.7<sup>th</sup> Ave.  
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**Rebuilding  
the  
Foundation  
of Life**



## From Testimony to Series...

From its early beginnings in 1986 Restoration grew from one man, into a class offered at a rural church in Oregon. From there it expanded into other churches statewide, into prisons and women's shelters and homeless shelters – eventually spreading into churches across America. Restoration Ministries' "Rebuilding the Foundation of Life" series has been translated into multiple languages, taught internationally and is now accessible anywhere through streaming media.

## But at the heart of Restoration is still the individual.

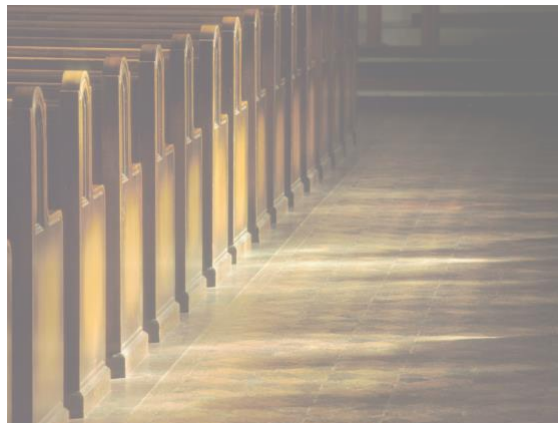
Whether you choose to attend a class in-person or online, the message of freedom is the same and it is directed towards you - the individual.

We invite you to explore our website or give us a call. When you are ready to dive in, we will be with you every step of the way.



## Session Topics:

- Session #1: **Have You Ever Been Hurt?**
- Session #2: **God's Plan; Satan's Scheme**
- Session #3: **Taking Thoughts Captive; Full Armor of God**
- Session #4: **God's Design**
- Session #5: **Our Concept of God**
- Session #6: **The Greatness and Goodness of God**
- Session #7: **The Father-Heart of God**
- Session #8: **Religiosity vs. Christianity; the Spirit of Adoption**
- Session #9: **Journey through the Wilderness; the Power of Baptism**
- Session #10 **Sexual Encounters; Temptation & Repentance**
- Session #11(for men): **Dealing with Lust & Pornography**
- Session #11(for women): **Dealing with Sexual Abuse & Shame**
- Session #12: **Establishing Identity in the Word; Prayer as a Lifestyle**
- Session #13: **Forgiveness**
- Session #14: **Forgiveness Workshop**
- Session #15: **Breaking Poverty; Using the Sword**
- Session #16: **Graduation; What Do I Do after**



## Our Products

- Facilitator Sets
  - Online Courses
  - Personal DVD Sets
  - Spanish Materials
  - Study-Guides
  - Prison Curriculum
- ...and more in our online store!

## Watch the First Session.

*For Free!*



### Scan To View Session #1



Open the camera on your phone



Aim it at the QR Code



Tap the banner that appears

## Session #1: Have You Ever Been Hurt?

It's a simple question with an obvious answer. You probably have been hurt. All of us have.

But have you ever considered the domino effect hurt can have in your own life? In this first session, Ed Glaspey tells part of his own personal story and shows how when we don't deal with our hurt, we can wind up making a massive mess of our lives.